



**NHS**

**Barnsley Hospital**  
NHS Foundation Trust

# Nursing & Midwifery Annual Report



June 2023 - June 2024



# Foreword

Welcome to our first nursing and midwifery annual report; I hope you enjoy reading it as much as I did.

This report highlights some of the ways in which nurses and midwives across the Trust have further developed individualised care for our patients and those who are important to them.

There are many ways in which teams have worked hard to develop their knowledge and skill in important areas such as care of patients with dementia or care of those with a learning disability.

I am delighted to see the increasing number of different initiatives being led by nurses and midwives which are helping us to continually develop the quality of care and patient experience we provide.

It is very pleasing to see our nursing and midwifery research continue to develop. We have appointed our first nursing hybrid post jointly funded between research and development and the Intensive Care Unit (ICU).

During the last year we have sustained reductions in the number of pressure ulcers and falls and we have significantly improved our management of medicines.

We want every nurse and midwife to feel supported and valued for their individual and collective contribution. It is heartening to see that the impact of the introduction of pastoral support workers has had not only for our current support workers but at local events giving young people the opportunity to gain insight into different careers in health and social care.

I would like to take this opportunity to thank everyone in our nursing and midwifery care teams across the trust for your hard work, dedication and ambition to provide the very best care for our patients.

I look forward to working with you in the coming year.



**Sarah Moppett**  
Director of Nursing,  
Midwifery & AHPs



**PROUD**

to  
care

A heartfelt thank you to all  
colleagues for everything you  
continue to do - the difference you  
make to the people you care for is  
not always measurable.

We are very proud and privileged to  
work alongside you all.



**Sarah Moppett**  
Director of Nursing,  
Midwifery, and AHPs



**Becky Hoskins**  
Deputy Director  
of Nursing

## Our vision

To support the Trust Strategy, our Nurses, Midwives and Care Staff will:

- Provide outstanding individualised care to our patients and those important to them.
- Be proud to work here, supported by our knowledge, skills and confidence to work at our best.
- Be supported and valued for our individual and collective contribution.
- Be visionary and forward thinking, by leading the way with ambition and energy.

## Our priorities

Nursing Priorities 2024-25

- Prevention of deconditioning in our patients
- Reduction of Clostridium Difficile infection
- Improve care of individual nutritional needs of patients
- Continue to enhance care of autistic people and patients with a learning disability
- Continue to reduce falls and pressure ulcers
- Review nursing digital documentation

# Protecting our patients and teams through infection prevention and control

We celebrated hand hygiene week in May. Harry the hand, the hand hygiene mascot was introduced. All wards were visited, promoting hand hygiene. Daily information was uploaded to the IPC social media and hub page.

The team continue to facilitate the Clean Your Hands Champions programme. Alternative training methods have been developed, included new training videos and action cards to ensure training is being completed.

**A hand hygiene bulletin is published every other month, This has included a 'shout out to staff' to celebrate good practice and to share with teams.**

**Any new information or changes to guidance or practice are also shared to ensure the champions are up to date with any relevant changes.**

A hand hygiene educational event in May 2023 provided an opportunity for hand hygiene champions to receive an update for the gloves off project.

Infection Prevention and Control is a fundamental component of healthcare and therefore an essential aspect of patient safety. Recognising this, the IPC team continue to build on a link practitioner programme.

It aims to allow clinical staff to act as an infection prevention and control resource within their clinical area, providing them with the resources to help create and maintain an environment which will ensure the safety of the patient, relatives, visitors and colleagues.

There is various initiatives ongoing included in training this year includes;

- Waste management
- UKHSA (United Kingdom Health Security Agency) overview
- Laboratory tour
- Decontamination Services tour
- Infection control overview
- Improving patient hand hygiene webinar
- Gloves of project
- Water Safety
- Winter Preparation presentation
- Environmental Health Officer presentation
- Learning how to give feedback and receive feedback
- Colleagues from Tristel (cleaning product) presenting on cleaning and decontamination

## Research

The IPCNs participated in The Oblong Study; a research study commissioned by the UKHSA to understand the impact of asymptomatic testing for SARS CoV-2 in NHS Trusts for both staff and patients.

The research aims to detect any observable association between routine asymptomatic testing with patients outcomes, measures of organisational capacity and operational efficiency.







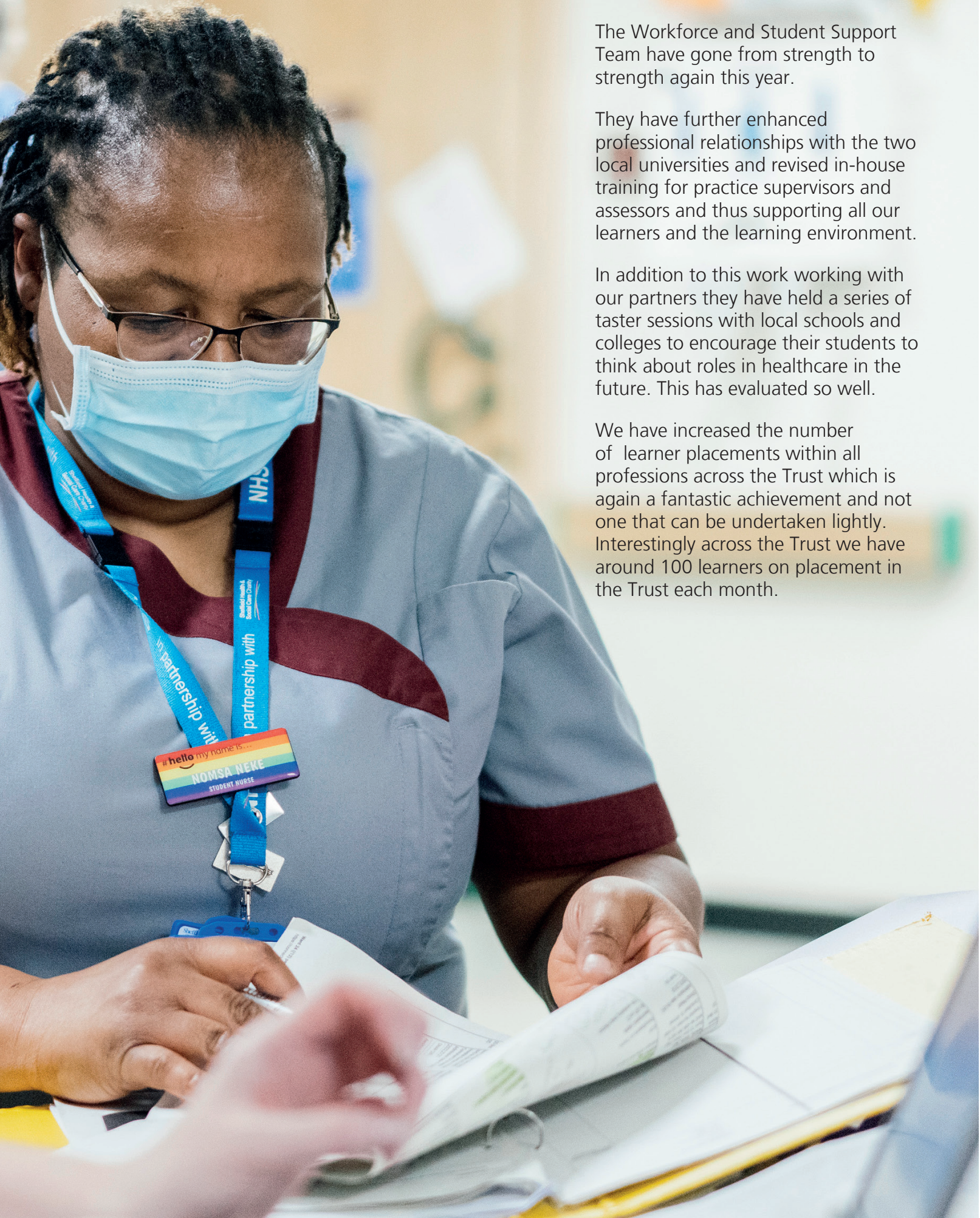
# Supporting Nursing and Midwifery Clinical Practice and our Learners

The Workforce and Student Support Team have gone from strength to strength again this year.

They have further enhanced professional relationships with the two local universities and revised in-house training for practice supervisors and assessors and thus supporting all our learners and the learning environment.

In addition to this work working with our partners they have held a series of taster sessions with local schools and colleges to encourage their students to think about roles in healthcare in the future. This has evaluated so well.

We have increased the number of learner placements within all professions across the Trust which is again a fantastic achievement and not one that can be undertaken lightly. Interestingly across the Trust we have around 100 learners on placement in the Trust each month.





Twenty senior Midwifery, Allied Health professional, and Nurses have undertaken the Florence Nightingale Development Programme.

The team successfully recruited 235 Internationally Educated Nurses, were awarded the Pastoral Quality Kite Mark, and have been shortlisted for a Nursing Times Award.

We have also seen some amazing celebrations of this recruitment programme with the International Nurses sharing their experiences of moving overseas to Barnsley, working in our hospital, and more importantly, getting to grips with our Yorkshire accents!

We have seen the team support 30 Professional Nurse Advocates and 12 Professional Midwifery Advocates. This is a significant milestone and we have another 22 colleagues working through the programme.

The Workforce team have also redesigned the whole preceptorship approach for all members of the multidisciplinary team across the Trust.

They have undertaken this by a series of study sessions and reflective sessions, achieving the National Preceptorship Quality Mark Award for all their amazing efforts.

It is fair to say that this team have had an amazing year and we know they have some brilliant ideas for the coming year.



# Pastoral Support Workers

April 2023 saw the introduction of a new role within the Workforce Development Team, HCSW Pastoral Support Worker.

The need for Pastoral Support for HCSWs was recognised for the retention and resilience of the workforce. It was identified that Pastoral Support for HCSWs should focus holistically on wellbeing needs, as well as training and development needs, particularly for those new to care.

Kim Swallow and Stacey Corbett have commenced and continued to recognise the challenges of the role, providing training and support, with the completion of the Care Certificate and one-to-one Pastoral Support to the Trust's non-registered workforce.

Kim and Stacey have worked at the Trust for 25 years between them, both bringing a variety of skills and knowledge to the role. Kim left school straight into the NHS 15 years ago, working on Orthopaedic wards before specialising for a number of years in Maternity Services, before moving to the Workforce Development Team in April 2023. Stacey began on a surgical ward 10 years ago, before specialising in the Breast Service for a number of years before moving to the Workforce Development Team in July 2023.

Kim and Stacey host the Care Certificate study days and have created a 'Prepare to Care' programme for new to Trust Healthcare and Maternity Support Workers aiming to give staff the best start to their new roles, providing vital training and information in preparation for their clinical responsibilities.

Since the Pastoral Support Worker role developed, the Care Certificate compliance for the Trust has risen from 74%, April 2023 to 90%, April 2024.

Following the 'you said, we did' feedback changes have been made to the Care Certificate and the study days including:

- Printing out the Care Certificate workbook into a physical document for ease of completion.
- Making the study days more interactive by adding in roleplay activities.
- Sharing and acknowledging staff achievements by hosting award ceremonies.
- Including quizzes for staff to self-assess learning outcomes prior to, and following the sessions.
- Follow-up from the Pastoral Support Workers in the clinical areas.

The two Care Certificate study days are incorporated into the Prepare to Care week, and following positive feedback and to meet the need for the number of new starters, Prepare to Care weeks now run twice a month to provide a warm welcome to our new to Trust staff.

The Prepare to Care weeks include:

- Completion of HR processes and IT services for computer logins.
- Enrol a virtual smartcard, and gain access to ESR and NHS emails.
- Complete classroom mandatory training sessions including BLS, Fire Health and Safety, Moving & Handling, and ANTT.
- Commence e-learning mandatory training including Safeguarding, Data Security, Infection Control, and ANTT theory.
- Support with Care Certificate workbook.
- Trust Tour.
- Practical Skills session including, commode prep and washing, bed-making and bed bathing, handwashing, mouthcare, sharps and waste disposal, and an introduction to paperwork.

Kim and Stacey have completed Teaching and Training Skills Level 1, and Moving & Handling Train the Trainer sessions to enhance the training they offer to new HCSWs and MSWs starting at the Trust.



## Care certificate achievers 2023



**Inset:** Stacey receives her Chief Nursing Officer Award for Excellence in July 2024. Both Kim and Stacey have been recognised nationally for their contribution - Kim was awarded her Chief Midwifery Officer Award for Maternity Support Excellence at a regional event in May 2024. This is very much well deserved for their commitment and excellence to patients and staff alike.

Kim and Stacey publish a bi-monthly HCSW and MSW newsletter with information about Prepare to Care weeks, Care Certificate compliance and achievers of the month, general events, shout outs and achievements.

As part of the Workforce Development Team, the Pastoral Support Workers have been involved with recent events, including Quality Summit Events for both Care Support Workers and Registered Nurses, highlighting the Trust Values and the importance of Care and Compassion for patients and staff alike.

The 'We Care into the Future' event at Barnsley Metrodome provided local schools and colleges the opportunity to gain an insight into over 100 different careers in the Health and Social Care industry.

Kim and Stacey play a vital role in school engagement sessions and Barnsley College Industry weeks sharing their knowledge and experiences to the young people of Barnsley and the growing NHS unregistered workforce.

Kim, with a Maternity background also provided an insight into some of the duties of the community Maternity Support Worker, including supporting mothers with higher risk pregnancies and the influence of substance misuse in pregnancy and the effect this has on mothers on babies.

Feedback about these roles has been very positive, with staff acknowledging that having support workers fulfilling these roles makes them more relatable, with staff are happy to share their experiences and concerns.

The Prepare to Care week feedback also highlighted the need for staff to be supported when they start their new roles.

Kim and Stacey continue to support Healthcare and Maternity Support Workers across the Trust, and are keen to get involved in future events and forums with senior leaders to represent and advocate the non-registered workforce, both those that are new to care, and long-standing staff members.

# Research Team

The research team has gone from strength to strength this year and the details below conveys what has been achieved.

- Trust recruitment target met ahead of plan in February
- Recruitment of 3 permanent band 5 Research Nurses
- Recruitment of a Lead Nurse
- Promotion of Lead Nurse to Matron
- Excelled in performance to recruitment to time and target
- Success in vaccine research delivery
- Patient Research Experience Survey (PRES) target exceeded
- Recruited UK first patient to a commercial paediatric trial
- Introduction of first Hybrid posts – for medical staff - Clinical Fellow in Respiratory medicine.
- First nursing hybrid post jointly funded between R&D and the Intensive Care Unit (ICU). Currently advertising for a Clinical Fellow post in ICU
- Research Matron, Nicola Lancaster, accepted on Senior Research Leaders (SRL) programme
- Poster presentation at RCN International research conference
- The Barnsley research hub has been developed with neighbouring partners including, SWYPT, Barnsley council, primary care, CRN and wider ICS. Opportunities are being explored for collaborative working and increasing research growth for the population of Barnsley
- Support from the business information team to create a patient list manager to flag patient appointments where R&D can screen for suitable studies
- Introduction of AccurX (Text Messaging service), to communicate with participants more easily







# Clinical Digital Team Achievements 2023-24

- Review & relaunch of Nursing Care Plans – improving documentation, empowering nurses to utilise the nursing process and provide individualised plans of care.
- Connect referrals to more nurse specialist teams including EOL, respiratory nurses, ENT CNS. This provides a standardised approach Trust wide. It allows for all members of the MDT to have oversight of the patients referrals. The teams have access to data which could be used to improve the services they provide.
- Three more Clinical Digital Implementers (CDI's) – now six have gone through the secondment. Career development opportunities at Band 6 (two international nurses). Improved digital literacy for those staff and those they work with & train.
- Successful appointment & commencement of the Nursing Documentation Review project lead. This project aims to optimise and digitise all nursing documentation to reduce duplication, ensure a single source of the truth and reduce the documentation burden.
- Badgernet (maternity platform). Due to go-live June 24. This will provide an almost entirely paperfree maternity journey and provide expectant women access to their records and appointments via the App.

# Midwifery update

Throughout this year, the maternity staff have implemented various practices to enhance care for our women, birthing people and families.

Below are some key improvements aligned with the trust objectives.



## Best for Planet:

- **Breastfeeding and Climate Change:** The infant feeding team collaborated with the Yorkshire and Humber Breastfeeding and Climate Change Group to educate staff and mothers on the value of breastfeeding and its positive impact on climate change.
- **Reusable Surgical Gowns:** The service has transitioned to reusable surgical gowns, reducing single-use waste.

## Best for Place:

- **Community Engagement:** The service continues to engage with Barnsley PLACE to play a key role in delivering community care.
- **Reducing Health Inequalities:** Efforts to reduce health inequalities include targeted support for smoking cessation, healthy living, perinatal mental health and infant feeding.

## Best for Performance:

- **Reduced Smoking Rates:** The rate of smoking at the time of birth is currently at 8%, the lowest in two years. Efforts are ongoing to maintain and further reduce this rate in line with national ambitions.
- **Improved Birth Outcomes:** The number of babies born at the wrong place for gestation has more than halved from the previous year, improving outcomes for these babies born at a unit with a higher level of neonatal care.
- **Safety Achievement:** The trust achieved CNST year 5, resulting in safer care for women and their families.

## Best for People:

- **Staff Wellbeing and Support:** Our teams are supported by the pastoral and professional midwifery advocate team, enhancing staff wellbeing and support. We have staff wellbeing champions across the service in line with the wider trust.
- **Cultural Competency Training:** We undertake cultural competency training in line with the core competency framework version two to improve our understanding and care for women and families from diverse backgrounds.
- **Developmental Training:** Staff are encouraged to pursue developmental training. Since April 2023, 25 staff members have completed external newborn advanced life support training. We have maintained a training compliance rate of over 90% for MAST and midwifery mandatory (PROMPT), ensuring safe care.
- **New Hires:** The service employed thirteen new midwives and four maternity support workers.
- **Support Worker Transition:** Seven support workers were trained and successfully transitioned to become maternity support workers.





## Best for Partner:

- **Maternity Voice Partnership:** A document has been co-produced with the Maternity Voice Partnership (MVP) outlining antenatal and postnatal ward expectations for women and families.
- **Extended Stay for Birth Partners:** Extended hours of stay are offered to birth partners, supporting family bonding.
- **Neonatal Unit Support:** For mothers with babies in the neonatal unit, services have collaborated to provide meals.
- **Governance and Feedback:** Visible governance and family feedback boards are present in all areas, providing monthly oversight.
- **Collaborative working:** As a multi-agency/ multidisciplinary team we were selected to participate in a workforce pilot research project to provide care for our most vulnerable women and families.

Our maternity and digital strategy outlines our aims, from national best practice, to continuing our journey to become an outstanding service.

## Best for Patients and the Public:

- **Digital Access to Clinical Notes:** All women have access to their clinical notes via the BadgerNet app. This end-to-end system allows women and families to have oversight of their care, reducing the need for paper records.
- **Continuity Teams:** We have established two continuity teams providing care that are celebrating their fifth birthdays.
- **Continuity Pathways:** We are continuing to work towards providing the enhanced continuity of care model.
- **Perinatal Mental Health Service:** The award-winning perinatal mental health maternity service supported 315 women (10% of those who gave birth) during their pregnancy and postnatal journey.
- **Personalised Care Plans:** The newly launched personalised care plan supports women in documenting their care preferences and provides signposts to useful support groups and online information.
- **Maternity Obstetric Early Warning Score (MOEWS):** Improved awareness and used across the trust supporting safe care of pregnant and recently pregnant women.



# Spearheading some of our wellbeing initiatives

## Therapy Dog

It is a fair to say that here at Barnsley we fully appreciate the power of the therapy dog and the impact they have on patients and our teams.

In 2019 The Royal College of Nursing (RCN) wrote a protocol to support organisations considering working with dogs in health care settings.

During the pandemic we at Barnsley were fortunate to be able to use allocated resource for our staff wellbeing and we provided the use of a Therapy Dog.

Thunder, who whilst not being allowed to visit wards and departments due to infection control, did offer staff some wonderful compassionate support.

We have made no apologies sharing with anyone who will listen, that Thunder often kept us going during a very difficult period of time. We will be forever grateful for all his care.

When Thunder moved on to pastures new we wanted to continue supporting our patients and teams through a therapy dog.

Saint Bernard Sabrina and her owner Laura are regular visitors to the hospital and are popular with patients and teams alike.

Her gentle calming nature is welcomed by patients who are offered a fully risk assessed visit supported by the infection control team.



## Schwartz Rounds

Over the year we have seen the attendance at the Schwartz rounds increase which is a positive step forward for supporting our teams and their wellbeing.

The principles of Schwartz is to provide a forum where all staff can come together to discuss various aspects which may affect them working in health care.

Providing support and provides an environment to reflect on all aspects of working in health care roles

Each Schwartz round is started by offering colleagues the chance to have a lovely lunch and the opportunity to network with colleagues they may not always have the opportunity to see.



# Cavell Trust partnership

We are fortunate to have joined the Cavell Trust, who are a charity who supports nursing, midwifery and healthcare support workers.

Cavell supports organisations who value their teams and by joining them we will actively continue to demonstrate our commitment to the welfare of our nursing, midwifery and healthcare teams Cavell has two specific areas of support.



## Supporting staff

Cavell provides information and helps to empower nursing and midwifery teams to feel more confident in managing their circumstances. This includes:

- Financial grant applications
- Confidential debt advice
- Mental health resources
- Money management advice and signposting
- Help with domestic abuse
- Guidance with pensions
- Benefits calculator

Cavell also have specific support mechanisms for international nurses.

## Cavell Star Awards

Cavell runs a national award programme which shines a light on exceptional nursing, midwifery, nursing associates and health care support workers, who have gone the extra mile for patients and their colleagues.

These are amazing awards which anyone who receives one will be proud to wear.

# Preventing falls

The falls prevention team have had a very busy year and have reached many milestones in the last 12 months. All credit to this team and they are grateful for the continued support.

However the major achievement is related to the reduction of inpatient falls and increase in the training of our teams.

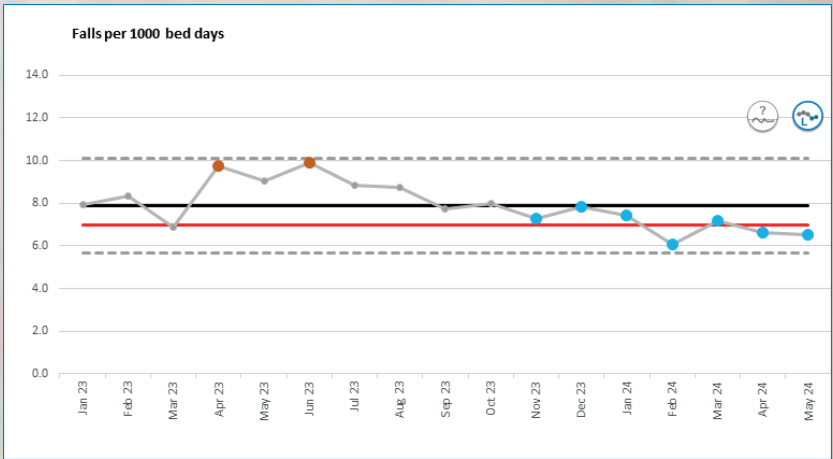
The list below demonstrates all their hard work and continued support to our patients

- Training now at 80% (as of May 2024).
- Updates to Falls booklet to incorporate capacity and informing next of kin after a fall .
- New hot-debrief on AMU and Ward 30 – gradually seen a decrease in falls on AMU since implementation in Dec 2023.
- The use of three Falls screensavers shown across the Trust updating everyone on practice – these were lying and standing blood pressure , neurological observations and use of bedrails.
- Two Patient safety bulletins published – ‘How to Prevent a Fall’ and ‘After a Fall’.
- Care to Move training and dissemination across the trust ongoing work.
- Deconditioning workstream – deconditioning sessions at the Care Support worker and Registered Nurse summit days.
- RCA (Root Cause Analysis) process changed to AAR (After Action Review) process in line with PSIRF (Patient Safety Incident Response Framework).
- QI work around stickmen led to removal of the green & amber stickmen and implementation of writing mobility status on all bed boards.

If you would like to learn more about the work the team have been doing or would like further information please contact Rachel Wallace (rachel.wallace6@nhs.net)







Falls per 1000 bed days, Jan 2023 to May 2024



# Advancing practice for patients living with dementia

## Dementia Champions

The Dementia Champions role has been re-established so that there is a consistent approach to what they can offer patients and their families.

Hospital Dementia Champions can support a positive experience for people living with dementia and their family carers whilst in hospital.

The Dementia Champion Forum provides staff the opportunity to learn more about dementia and how their role as a champion can impact upon dementia care within their place of work.

## Volunteer Buddy System

Work has commenced to introduce volunteers to support people with dementia whilst their family carer attends an out-patient appointment.

This is to ensure that carers of people with dementia can look after their own health needs whilst maintaining the needs of their loved ones. Where carers require support to attend appointments a risk assessment will be completed.

Volunteers will then provide support to the carer and person with dementia whilst attending the hospital appointment.

## Dementia Training

The Induction Handbook guide for new starters including the volunteer and external staff handbook has been updated with information for staff about dementia.

## Hearing the Voices

Hearing the Voices event was an engagement event to listen to the carers of people living with dementia in relation to their care experiences at Barnsley Hospital NHS Foundation Trust.

The aim was to listen to the experiences of people living with dementia and their family carers in order to understand their lived experience of an hospital admission.

As a result of this, workstreams have been identified and changes implemented.

## Dementia information on the Hub

The information that is provided to staff in relation to dementia care has been reviewed by the Admiral Nurse.

The Dementia intranet page has been designed to provide staff with information and a wide range of resources that will help them to understand and learn about caring for a person living with dementia.

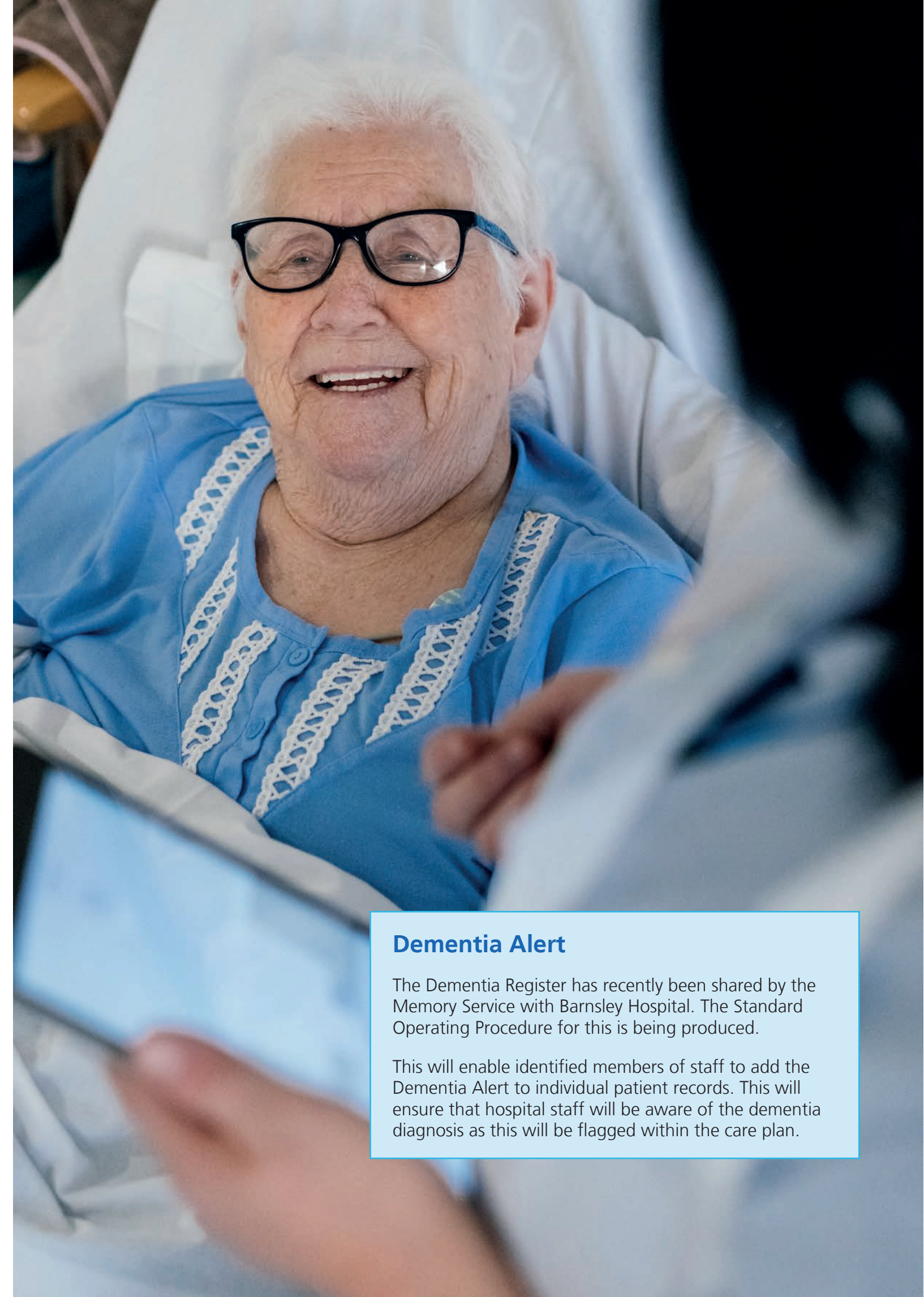
## Virtual Dementia Tour Bus

The Virtual Dementia Tour Bus is to provide staff with the opportunity to experience what it is like to live with dementia. The Virtual Dementia Tour Bus is open to all staff and volunteers.

Feedback has been positive from those who have attended.

- A great experience to get an insight of what it feels like to have dementia. Very relevant to my area of practice and I will try to pass this new knowledge on.
- A brilliant eye-opening experience, thank you. This should be mandatory for all those working in the NHS / Care settings.
- Excellent experience – invaluable. It will definitely change the way I interact with dementia patients.
- Amazing! A wake-up call to how patients are treated on the ward. It's sad. Everyone should do this short course.





## **Dementia Alert**

The Dementia Register has recently been shared by the Memory Service with Barnsley Hospital. The Standard Operating Procedure for this is being produced.

This will enable identified members of staff to add the Dementia Alert to individual patient records. This will ensure that hospital staff will be aware of the dementia diagnosis as this will be flagged within the care plan.



# Developing and sharing expert knowledge around learning disability and autism

## **The Learning Disability and Autism Liaison service**

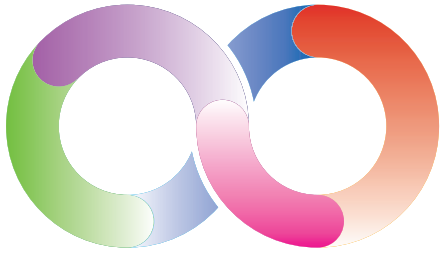
This team have excelled this year and experienced some great success for our patients and their families. The team have written their first annual report which outlines their achievement in 2023 and their aspirations for 2024

It is recognised that awareness of the needs of people with Learning Disabilities and Autistic people have improved over the previous 12 months.

This can be seen within service improvement projects, greater recognition of the needs of these population groups, and reasonable adjustments seen within practice.

This report highlights both excellence in practice seen within services, and aspirations for the year ahead.





## Progress in 2023-2024

- The Emergency Department have embraced the opportunity to improve the experience of people with learning Disabilities and Autistic People. The Emergency Department care bag was launched during Learning Disability Week in June. The bag contains a variety of tools and activities to support people to access the right care at the right time.
- Work continues to improve the Trust's flagging and data on people with Learning Disabilities and Autistic people accessing the services. This includes work to establish a sharing agreement between Barnsley Community Learning Disability Team, Social care and Barnsley Hospital. The sharing agreement will provide a robust Learning Disability register with Barnsley.
- Review of alerts of people with Down Syndrome have been reviewed. 81 people were identified, from those, 58 people had no active alert at the point of review.
- Service improvement projects across the Trust have included; Ophthalmology fast track services, Paediatric 15 step programme, and Maternity service planned changes.
- Oliver McGowan Mandatory Training is currently available through the South Yorkshire Integrated Care System Delivery Programme. Current training position is highlighted below:
- A total of 2421, which equates to 57% of staff have completed the eLearning training Programme.
- 590 (49%) of staff have completed fully completed both the online eLearning package and tier one virtual training. Role out of tier two training is expected to commence in July 2024.

## For 2024-2025 the team have 4 key priorities

- The development of Learning Disability and Autism Champions within each area. This will support improvement in service provision and patient experience. Developing the Learning Disability and Autism Champion Network will also provide opportunities for staff training to improve the knowledge and skills of staff.
- A key priority to drive forward change within the Trust, is a strategy for the Learning Disability and Autism service for 2025-2028. The strategy will encompass the key legislative requirements, internal action plan and require co-production for its development.
- Learning Disability and Autism pathways are required throughout the Trust's services for provision of reasonable adjustments ensuring equitable access to healthcare for all.
- Continued roll out of the Oliver McGowan Mandatory Training. Consideration of a business as usual approach to facilitate future delivery, following the end of the NHSE funding, expected in March 2025.

# Medicine Optimisation Work

Medicines Optimisation is about ensuring the right patients get the right choice of medicine, at the right time. It is part of the NHS Long Term Plan.

As we are all aware a huge amount of work has been undertaken over the last 12 months around our medicines management.

In May 2023 we participated in a pilot of the new Care Quality Commission (CQC) Standards for Medicines Optimisation. This supported us as a Trust to undertake a review of our processes.

## Medicines optimisation and Pharmacy services review 18-19 March 2024

Mid Yorkshire Hospitals Trust kindly agreed to provide an informal review of Medicines Management at Barnsley Hospital.

Key messages from the review were provided through verbal feedback at the end of the day and a "Review Feedback Letter" was received 2 April 2024.

The review was conducted and feedback given verbally on the day, and more formally in a letter in April 2024. Again, this helps us align and support the work we are doing around Medicines Optimisation.

The final report was received 14 August 2023.

A "Medicines Optimisation Improvement Plan" was developed within the Trust to track the work and monitor our progress.

We are very pleased to report that all actions on the plan have been completed.

## Our focus for 2024-25

The reviews identified our progress and all the work many teams have completed.

Now we focus upon consistent temperature recording and supporting the controlled drug documentation on wards and departments.

We will also focus on self-administration of medicines for our patients.

We will work with Parkinson's UK alongside the ten pledges.

We continue to work around time-critical medications.







# Reducing Pressure Ulcers

The number of Hospital Acquired Pressure Ulcers (PU) is within normal variation.

There has been 9 months where the number of HA PUs has been below average.

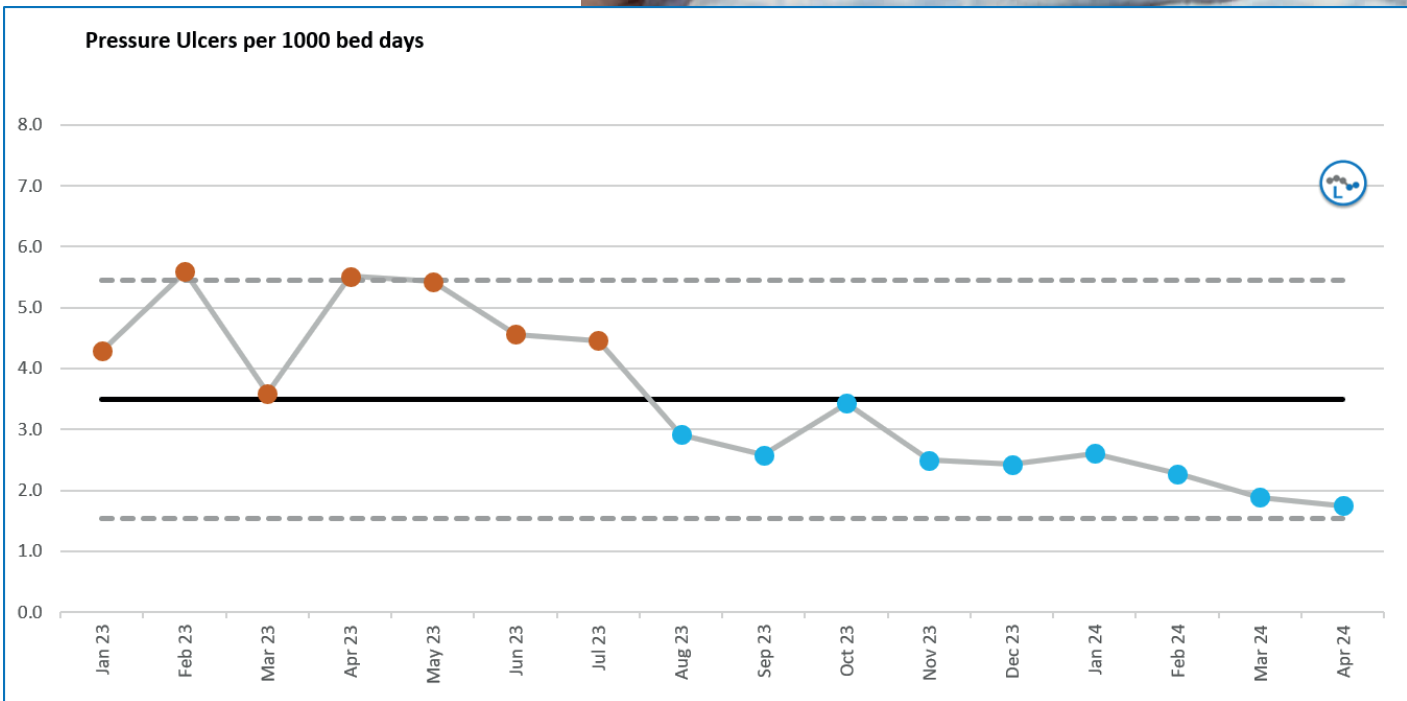
Hospital acquired Pressure ulcers are still occurring although decreasing.

Every Hospital Acquired Pressure Ulcer is investigated through the incident reporting system. Learning outcomes are shared throughout the hospital.

Areas continue to trial projects to help reduce PU, actions are arising from the incidents when investigated.

Tissue Viability and practice educators continue to provide tissue viability training.

Education around reporting and categorising PU correctly is ongoing.



Pressure ulcers per 1000 bed days, Jan 2023 to April 2024







# A year in the life of the Healthy Lives Team

- Embed QUIT tobacco dependency treatment, alcohol care and early help as routine care in key departments across the Trust.
- Daily Report to lead nurses identifying new admissions that haven't had smoking QUIT screening questions completed in the last 24 hours. Screening for all adult inpatients is now at around 90%.
- Standardising QUIT and alcohol questions asked on nursing and medical Careflow documentation.
- Introduced AUDIT-C (Alcohol risk screening tool) into nursing admission assessment and AMU clerking document, with automatic referral to ACT if positive– screening for alcohol is now around 80% for all adult admissions.
- Delivering training to clinical staff for QUIT and alcohol screening, at Junior Dr inductions, local departments meetings etc.
- Working with paediatric respiratory nurses re children who vape and smoke, who are now members of the Barnsley Tobacco Control Alliance
- Attending speciality business and governance meetings to report on their QUIT and alcohol performance measures.
- Alcohol care team have gone fully digital on Careflow.
- Reviewing QUIT Careflow forms to save time inputting into patient records and referring to community services, to free up the tobacco advisors to be able to spend more time on wards and departments.
- Reaching out to other areas for QUIT and alcohol, including paediatrics and pre assessment (work ongoing).
- Early help increased presence in paediatrics and maternity
- Early Help undertook a trial working in paediatric diabetes clinic to offer support to families struggling to comply with child's diabetes regimes
- Early help expanding into adult ED
- Relaunch of multi-agency QUIT quarterly steering group with reps from key clinical areas and wider Barnsley partners, Chaired by Bob Kirton
- Relaunch of multi-agency alcohol care quarterly steering group with reps from key clinical areas and wider Barnsley partners, Chaired by Bob Kirton
- HLT played a key part at Public Health Snr leaders away day, with Alcohol Care team and Early Help staff attending with patient stories
- NRT improvement work, including GIAGW on AMU, smoking prevalence and NRT prescribing audits on surgical and AMU wards, your work
- Attended and presented at a variety of external events celebrating the work of HLT, including ACT patient at Kings fund event, Deborah presenting at RCEM event, Regional NHSE celebration events for ACT and tobacco dependency treatment services







- Smokefree site policy refresh and new working group looking at the implementation of it across the Trust site.
- Staff support for tobacco dependency with increasing numbers of staff accessing support, including Stoptober event on wards
- The Early Help Team received 200 referrals and had direct contact with 1084 families. This is an increase from 884 contacts in 2023 and 607 contacts in 2022.
- The Early Help Team have given £150 worth of Aldi vouchers to families to help with food costs, which can then support affordability of transport to hospital for longer term stays or towards childcare costs. Since November 2023, the team now also give out hygiene packs containing essential toiletries for families.
- The Early Help Team have trained 81 staff members from February 2023 to December 2023, with around 300 trained in total since the start of the service. Feedback has either been excellent or good, with all finding it useful.
- The Early Help Team are providing on site classes for parents and young people from outside the hospital – “Welcome to the World” and “Talking Teens” which are all fully booked and well-reviewed.



# International Nurses Day



## Nursing through the ages

ICU celebrated International Nurses day with a bang. The theme was 'Nursing through the Ages.'

The nursing team on shift really got on board with the request and all dressed up for the occasion and had a lot of fun.

Old medical equipment was on display – an ECG machine, an old pace maker and old nursing practices.

We had a job description from 1887 which is a very interesting read.

Also displayed the history of ICU and images from the team who worked in covid in full PPE.

Sarah Moppett visited us and we even dressed her up – which she loved!

Tammy our amazing ward clerk was celebrated this week as she was presented with a brilliant award because she is brilliant.

She single-handedly arranged for food vouchers for 2 separate families who were struggling whilst their loved ones were on ICU.

Tammy always goes above and beyond for the benefit of our patients and the team.









PROUD

to  
care